

<b>Item No.</b> 7.	<b>Classification:</b> Open	<b>Date:</b> 25 February 2014	<b>Meeting Name:</b> Corporate Parenting Committee
<b>Report title:</b>		Young Peoples Substance Misuse (YPSM)	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Strategic Director of Children's and Adults' Services	

## RECOMMENDATIONS

1. That the committee notes that we will continue to deliver recommendations and actions set out in the YPSM Treatment Plan for 2013/14 in 2014/15.
2. To note that this paper has been written to inform members of how we intend to continue to reduce substance misuse within 2014/15, and the progress of the Specialist YPSM service and to update members of the policy implications and strategies alignment of the work.
3. That the committee note and support that officers will promote the importance of partnership work to reduce young peoples substance misuse.

## KEY MESSAGES

4. To ensure that all young people are able to improve their wellbeing and lead a life which is happy, safe and successful, Insight Southwark will continue to provide access to information, advice and specialist treatment to all young people in order to prevent them becoming substance mis-users.
5. Insight to continue the development of new and existing partnerships to increase numbers of young people in treatment.

## BACKGROUND INFORMATION

### National Background

6. Central Government is committed to encouraging young people to make informed choices regarding substance misuse. A £2.6million campaign aimed at young people to highlight the risk associated with alcohol misuse, drug use and sexual health was highlighted in the recent Alcohol Strategy.

### Local Background

7. Launched in April 2010, Insight Southwark, run by Blenheim CDP, is a confidential support service for young people up to age of 24, living with or affected by drugs and alcohol issues in Southwark. The aim of the service is to reduce the numbers of young people affected by substance misuse including Alcohol. By balancing prevention, early intervention, harm reduction and specialist treatment, in order to meet the needs of young people.
8. The majority of the individuals accessing the Young Persons Substance Misuse Service, Insight Southwark, have multiple support needs including being known to Southwark Inclusive Learning Centres and Youth Offending Services (YOS).

Continued engagement with the service helps young people to achieve improved outcomes in education, employment, reducing offending and health. Public Health England has published significant evidence that many of the young people would, in the absence of treatment, impose significant economic and social costs on society. And that the financial and emotional costs associated with antisocial and criminal behaviour can be prevented by effective substance misuse treatment.

9. Children and young people who misuse substances have a disproportionate impact on children's and adults' services. The main referral source for the Service is Southwark youth offending service.
10. The tables below show a breakdown of work carried out so far this year by Insight Southwark:

New Referrals	83
Completed Assessments	75 <i>(28 -18 to 24 and 47 Under 18s)</i>
Assessed at the project	37
Assessed at other locations	38
18-24 Planned exists	72.6%
U18s Planned Exists	71%
Open Access	619
Information and advice to professionals	55

11. Cannabis/skunk still remains the primary substance commonly used amongst young people and the second drug choice is still alcohol. No referral for party drugs this quarter even though we know some young people are using methadone.

### **Borough Partnerships**

12. Insight Southwark continue to work in Partnership with the Youth Offending Service, Pupil Referral Units, (Cavendish school, Newlands Schools, Southwark Inclusive Learning Service), The Gateway Hostel, Social Services, Oasis Hostel, Springfield Lodge Hostel and Colleges.
13. Insight are working to improve partnership with Children Looked After (CLA), a weekly satellite is held at the CLA offices. This helps strengthen partnerships with CLA, and increase referrals into the service to support vulnerable young people. The satellite is also utilised as an opportunity to have an open surgery for Social Workers to discuss any potential referrals. Insight offer advice, information and group activities for the young people who attend the drop-in. Insight are also a part of the Health Steering Group held every quarter.
14. Insight have recently developed a new training programme. This has replaced the Basic Drug Awareness, Screening and Referral Training. The package is now called '**The Impact of Drugs on Young People**'. This training is available to all professionals in the Borough. Insight have delivered training to various professionals including: Social Services, Hostel staff, Youth Offending Service, Family Support Services, Foster Carers, and Public Health England. Evaluation feed back from those who attended has been very positive. New dates have been arranged for 2014.

15. Southwark DAAT have successfully arranged for the Insight Southwark training to be added to the training pathway for all new qualified Social Workers as mandatory. This has helped build on existing partnerships to increase referrals to Insight.
16. Insight continues to be a part of Children Social Care (CSC) and the Substance Misuse Interface meeting. This is integral for all services to work together to ensure that Drug and Alcohol Services work collectively with CSC to reduce substance misuse harm.
17. Insight continues to attend the Southwark Treatment and Recovery Partnership (STARP) Operations meetings and the STARP party drug meetings.
18. Insight have successfully recruited to a new Hidden Harm post. This post offers support to young children who have been affected by parental substance misuse. The term Hidden Harm describes the lives of children and young people affected by parental drug misuse. This post works collectively with (CSC) and other agencies in the Borough. This project aims to adopt a multi agency approach to working with children and families. All Insight staff have been trained in advance Safeguarding Children.
19. Insight continues to work holistically to support families and carers who are affected by substance misuse. Insight provides brief advice and information sessions about the impact of substance misuse for parents. Insight utilise the 5 STEP Capello brief interventions model. This model has proven to be effective for parents who are affected by their children's' drug use.
20. Insight will continue to improve partnerships with key stakeholders, offering more family support to parents and children who are experiencing problems with substance misuse. Insight will continue to raise awareness about substance use issues in the local community, helping families to dispel myths around substance misuse, offering brief interventions and building on existing partnerships in Southwark.
21. Insight is developing a partnership satellite service with Kings College Hospital and Foundations 66. The clinic will be called SMaSH (Substance misuse and sexual health). A screening tool and referral pathway has been developed. The aim is to provide young people with brief advice and information about the risks of alcohol use, and substance misuse.

## **KEY ISSUES FOR CONSIDERATION**

22. The plan builds on previous years commitments and recognises that YPSM is an ongoing issue, which needs a partnership approach in order to reduce numbers.
23. Overall Insight will consolidate existing work with new areas of work and will ensure better collaborative working with all local services. By continuing to work in partnership we should be able to:
  - Reduce substance misuse among young people
  - Reduce young people transitioning into substance misuse adults
  - Reduce harm caused to young people via parental substance misusers

24. However with financial pressures resulting in cuts to service provisions, there could be a change for commissioning services, which could impact on what as a borough we want to deliver.
25. The challenge going forward will be to ensure that all young people continue to receive appropriate treatment that prevents them from misusing substances. And that substance misuse remains a key priority for all parties working with young people and families.

### **Policy implications**

#### National

26. The 2012/13 YPSM Treatment Plan is driven by government policy and legislation and the commitment to reduce the harm substance misuse causes to children, young people and families.

#### Local

27. The work within the YPSM Treatment Plan is aligned and linked to various Strategies across Community Safety and Children Services, some are listed below:
  - Children and Young People's Plan 2013/16
  - SSP Rolling Plan
  - DAAT Treatment Plan
  - 2012/15 Alcohol Strategy

### **Community impact statement**

28. Insight Southwark will have an impact on children and young people accessing treatment services, which in turn will have a positive impact on young people's outcomes, through improvements with employment, education and training, reduction in offending and sexual behaviour. The service Insight provides will also improve outcomes for families, by providing support to parents and carers.
29. Insight Southwark will improve the outcome for all children, young people and their families affected by substance misuse.

### **Financial implications**

30. At this stage there are no new financial implications arising from the plan, beyond officer's support/time to undertake the development activities outlined in the plan.
31. Further resources maybe required as each of the areas for action within the plan move forward.
32. The implementation of the proposed plan will be contained within existing resources of Insight Southwark and the partnerships they have developed.
33. However if implementing any of the subsequent actions requires additional resources a further report setting out costs and funding sources will be submitted before committing any council resources.

## BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
YPSM Treatment Plan	160 Tooley Street, London SE1 2QH	Dionne Cameron 020 7525 7101

## APPENDICES

No.	Title
None	

## AUDIT TRAIL

<b>Lead Officer</b>	Rory Patterson, Director Children's Social Care	
<b>Report Author</b>	Dionne Cameron, Young Persons Substance Misuse Lead	
<b>Version</b>	Final	
<b>Dated</b>	12 February 2014	
<b>Key Decision?</b>	No	
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>		
	<b>Officer Title</b>	<b>Comments Sought</b>
		<b>Comments included</b>
	Strategic Director of Finance and Corporate Services	No
	Director of Legal Services	No
	<b>Cabinet Member</b>	No
	<b>Date final report sent to Constitutional Team</b>	12 February 2014